



**TWESELDOWN INFANT SCHOOL
FIT TO BE AT SCHOOL POLICY**

Illness guidelines and time to recover

Please be aware we expect your child to be well in order to attend school.

To avoid outbreaks of infectious illnesses please do not bring your child to school if they are unwell.

If your child becomes unwell whilst they are here, we will contact you to arrange for them to be collected by someone listed on the registration form.

If there is a specific illness doing the rounds we will notify parents in our newsletter to enable parents to know what to be looking out for, for instance, chicken pox, conjunctivitis, sickness or diarrhoea.

As a reference and as per the Health and Safety Executive and NHS Guidelines, the definition of a well child is a child who is:

- **Not reliant on calpol, nurofen or similar medicine**
- **Not running a temperature**
- **Well enough to participate normally in all areas of school life**
- **Has their normal bowel functions**
- **Does not require a one to one ratio with staff**
- **Has his/her normal appetite**
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Following those guidelines and our experience over the past years, please find below a summary table of the minimum periods required for a child to be away from school after an illness:

If in doubt, please ring and ask.

Illness	Minimal period before returning to school
Antibiotics prescribed	First day (full 24 hours) at home but must be well to return. Antibiotics might take 48hours to improve illness so please make sure the child is well enough to return.
Temperature	Please do not bring a child to school with a temperature. If the child is sent home ill, please allow a full 24 hours before returning

Vomiting	If the child is sent home ill, please allow full 48 hours after last bout of sickness before returning.
Conjunctivitis	Keep at home until eyes are no longer weeping and are totally cleared. A bout of conjunctivitis can last 24h, 48h or more. Be vigilant please.
Diarrhoea	48 hours clear of last bout
Chickenpox	Minimum 7 days from appearance of the rash and until all spots have scabbed over.
Gastro-enteritis, food poisoning, salmonellosis and dysentery	Until authorised by District Community Physician or Doctor
Scarlet fever and streptococcal infection of the throat	Until appropriate medical treatment has been given and in no case for less than 48 hours from the start of treatment
Impetigo	Until skin is healed
Pediculosis (head lice)	Until appropriate treatment has been given
Hand, foot and mouth	Until recovered from the illness
Plantar warts	Should be treated and covered at all times

Date of Review: October 2017

Date Ratified by Governing Board:

Sign by Chair of Governors:

Signed by Headteacher:

Next Review Date: Autumn 2019

Member of Staff Responsible: Headteacher

Governing Board or Governor(s) / Committee(s) responsible: Governing Board