

Lunch Menu

Week 1



W/C 13/04, 04/05, 25/05, 15/06, 06/07, 27/07, 17/08, 07/09, 28/09, 19/10

	MONDAY Chicken Wraps Chicken & Rice 	TUESDAY Margherita Pizza Freshly Made Deep Pan Pizza	WEDNESDAY Roast Chicken Roasted Marinated Chicken Thigh 	THURSDAY Chicken Meatballs Chicken & Vegetable Meatballs	FRIDAY Fish Fingers Breaded Pollock Fish Fingers 	
	Vegetable Wraps Cheesy baked wraps 	Vegetable Meatballs Homemade Veggie Meatballs	Crispy Cheese & Veg Bake 	Pizza Freshly made deep pan Pizza 	Vegetable Fingers Crispy Breaded Vegetable Fingers 	
SIDES	Rice & Mixed Salad	Baked Potato Wedges & Coleslaw or Salad	Roasted Potatoes, Carrots & Sweetcorn	Creamy Mash & Green Beans	Chips & Baked Beans	SIDES
	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	Pasta Nut Free Spinach & Basil Pesto	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	Pasta with Homemade Tomato Sauce	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	
	Apple Sponge & Custard	Jelly & Fruit Slices	Carrot & Cinnamon Cookies	Fruit Salad	Chocolate & Vanilla Shortbread	
						
SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY						

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



W/C 20/04, 11/05, 01/06, 22/06, 13/07, 03/08, 24/08, 14/09, 05/10

MONDAY Pork with Noodles	TUESDAY Margherita Pizza Freshly Made Deep Pan Pizza	WEDNESDAY Cottage Pie Beef & Lentil Pie	THURSDAY Chicken Curry Mild Creamy Chicken Curry.	FRIDAY Fish Fingers Breaded Pollock Fish Fingers
Chow Mein Noodles	Tikka Eat Curry Mild & Creamy Vegan Curry Veggie	Vegetarian Pie Vegetable & Bean Pie	Delight Pizza Freshly Made Deep Pan Pizza	Homemade Vegetarian Burger
Green Beans	Baked Potato Wedges and Coleslaw or Salad	Garden Mash, Green Cabbage & Garden Peas	Wholegrain Rice & Broccoli	Chips & Baked Beans
Pasta with Homemade Tomato Sauce	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	Pasta with Homemade Tomato Sauce	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	Pasta Nut Free Spinach & Basil Pesto
Vanilla Sprinkle Sponge	Watermelon Sticks	Chocolate Crispy Cake	Fruit Bowls	Apple Flapjack
SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY				

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 3



W/C 27/04, 18/05, 08/06, 29/06, 20/07, 10/08, 31/08, 21/09, 12/10

MONDAY Coconut Chicken Mild Creamy Coconut Curry		TUESDAY Beef burger Beef & Bean Burgers in a Roll		WEDNESDAY Roast Gammon Roasted Gammon Joint		THURSDAY Mac n Cheese Really Cheesy Macaroni Pasta		FRIDAY Fish Fingers Breaded Pollock Fish Fingers (Salmon Or Pollock)		
 		  						 		
SIDES	 Vegetable Curry Lightly Spiced Indian Classic	Homemade Cheese & Tomato Turnover Puff Pastry Slice with Cheddar & Tomato sauce		Cheesy Vegetable Bake Butternut Squash & Parsnip		Vegetable Chilli Spiced Vegetable & Bean Chilli & Rice		Pitta Pockets Roasted Vegetables & Cheesy Pockets		
	   					  				
	Wholegrain Rice & Sweetcorn		Wedges & Baked Beans		Roasted Potatoes, Broccoli & Gravy		Green Beans		Chips & Baked Beans	
	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo		Pasta Nut Free Spinach & Basil Pesto		Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo		Pasta with Homemade Tomato Sauce		Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	
Jammy Crumble Slice 		Fruit Bowls   		Vanilla Ice Cream Cup		Jelly & Fruit Slices   		Rainbow Shortbreads 		
SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY										

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut