

Lunch Menu

Week 1

w/c: 26/08, 16/09, 07/10, 28/10, 18/11, 09/10, 30/10, 20/01, 10/02

MONDAY

Tex Mex Chicken

Served with Wholegrain Rice & Sweetcorn



TUESDAY

Cottage Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy



WEDNESDAY

Roast Gammon

Served with Crispy Roasties, Broccoli & Gravy



THURSDAY

Pizza Pinwheels

Served with Garlic & Herb Wedges and Green Beans



FRIDAY

Golden Fish Fingers

Served with Chips and Baked Beans



Enchiladas

Served with Wholegrain Rice & Sweetcorn (Kidney Beans)



Vegetable Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy



Sweet Potato & Lentil Roast

Served with Crispy Roasties, Broccoli & Gravy



Vegetable Jambalaya

Served with Green Beans



Courgette & Sweetcorn Fritters

Served with Chips and Garden Peas



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Chocolate Cake and Custard

Jelly & Fruit Slices



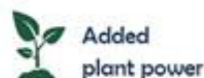
Apple Sponge Cake

Fruity Flapjack

Shortbread Biscuits

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key




















Lunch Menu

Week 2



w/c: 02/09, 23/09, 14/10, 04/11, 25/11, 16/12, 06/01, 27/01, 17/02

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mexican Chicken Wrap Served with Wholegrain Rice & Broccoli 	Homemade Pizza Margherita Served with Paprika Wedges & Coleslaw 	Roast Chicken Thigh Served with Crispy Roasties, Carrots & Peas 	Bombay Chicken Biryani Served with Wholegrain Rice & Broccoli 	Golden Fish Fingers Served with Chips & Baked Beans 
No Meat Bolognese Served with Penne Pasta & Broccoli 	Baked Tomato & Bean Gnocchi Served with Coleslaw & Garlic Slice 	Vegetable & Bean Cobbler Served with Crispy Roasties, Carrots & Peas 	Vegetable Samosa Served with Wholegrain Rice, Broccoli & Curry Sauce 	Vegetable Fingers Served with Chips & Baked Beans 
Penne Pasta with Homemade Tomato Sauce 	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	Penne Pasta with Homemade Tomato Sauce 	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	Penne Pasta with Homemade Tomato Sauce 
Chocolate Brownie	Vanilla Cheesecake	Vanilla Iced Sponge	Apple & Blueberry Flapjack 	Oat Cookie & Fruit Slices 

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



































Good for your gut

Lunch Menu

Week 3



w/c: 09/09, 30/09, 21/10, 11/04, 02/12, 23/12, 13/01, 03/02

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Tuscan Beef Served Wholegrain Rice & Green Beans 	Homemade Sausage Rolls Served with Wedges & Baked Beans 	Roast Turkey Served with Crispy Roasties, Carrots & Sweetcorn  	Mac n Cheese with a Crispy Crumb Topping Served with Green Beans 	Golden Fish Fingers (Salmon Or Pollock) Served With Chips & Garden Peas  
Mild Thai Green Curry Vegetable Served with Wholegrain Rice & Green Beans    	Homemade Cheese & Onion Rolls Served with Wedges & Baked Beans 	Spring Vegetable Tart Served With Crispy Roasties, Carrots & Sweetcorn    	Vegetable Bean Chilli Served with Wholegrain Rice & Green Beans   	Vegetable Fingers Served with Chips & Baked Beans 
Penne Pasta with Tomato Sauce   	Jacket Potato With Cheese or Baked Beans or Tuna Mayo 	Penne Pasta with Tomato Sauce   	Jacket Potato With Cheese or Baked Beans or Tuna Mayo 	Penne Pasta with Tomato Sauce   
Peach Crumble 	Vanilla Cookie	Vanilla Ice Cream Cup	Lemon Drizzle Cake	Chocolate Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut