

## TWESELDOWN INFANT SCHOOL FIT TO BE AT SCHOOL POLICY

## Illness guidelines and time to recover

## Please be aware we expect your child to be well in order to attend school.

To avoid outbreaks of infectious illnesses please do not bring your child to school if they are unwell.

If your child becomes unwell whilst they are here, we will contact you to arrange for them to be collected by someone listed on the registration form.

If there is a specific illness doing the rounds we will notify parents in our newsletter to enable parents to know what to be looking out for, for instance, chicken pox, conjunctivitis, sickness or diarrhoea.

## As a reference and as per the Health and Safety Executive and NHS Guidelines, the definition of a well child is a child who is:

- Not reliant on calpol, nurofen or similar medicine
- Not running a temperature of 37.5c or higher
- Well enough to participate normally in all areas of school life
- Has their normal appetite and retains foods and fluid
- Does not require a one to one ratio with staff
- Has his/her normal appetite

Following those guidelines and our experience over the past years, please find below a summary table of the minimum periods required for a child to be away from school after an illness:

If in doubt, please ring and ask.

Illness	Minimal period before returning to school
Antibiotics prescribed	First day (full 24 hours) at home but must be
	well to return. Antibiotics might take
	48hours to improve illness so please make
	sure the child is well enough to return.
Temperature	Please do not bring a child to school with a
	temperature.
	If the child is sent home ill, please allow a full
	24 hours before returning

Vomiting	If the child is sent home ill, please allow full
	48 hours after last bout of sickness before
	returning.
Conjunctivitis	Keep at home until eyes are no longer
	weeping and are totally cleared. A bout of
	conjunctivitis can last 24h, 48h or more. Be
	vigilant please.
Corona Virus	Follow current Government guidelines
Diarrhoea	48 hours clear of last bout
Chickenpox	Minimum 7 days from appearance of the
	rash and until all spots have scabbed over.
Gastro-enteritis, food poisoning,	Until authorised by District Community
salmonellosis and dysentery	Physician or Doctor
Scarlet fever and streptococcal infection of	Until appropriate medical treatment has
the throat	been given and in no case for less than 48
	hours from the start of treatment
Impetigo	Until skin is healed
Pediculosis ( head lice)	Until appropriate treatment has been given
Hand, foot and mouth	Until recovered from the illness
Plantar warts	Should be treated and covered at all times

Date of Review: Autumn 2021

Date Ratified by Governing Board: Autumn 2021

Sign by Chair of Governors:

Signed by Headteacher:

Next Review Date: Autumn 2023

Member of Staff Responsible: Headteacher

Governing Board or Governor(s) /

Committee(s) responsible:

**Governing Board**