

Vocabulary	Meaning
Shabbat	Rest day (after creating the world: Saturday).
Torah	a special book to read from
God	Creator of the world
Judaism	A religion
Christian	
Remember	Think back
Synagogue	Holy place to join together to worship God.
Rabbi	A religious leader
blessing	Saying special words to make it holy.
worship	Sing, pray together

Key Question: Is Shabbat important to Jewish families?

Shabbat is the weekly period of rest from Friday evening until Saturday night.

The word Shabbat means rest, but in most Jewish homes a great deal of work is done in preparation for Shabbat. The house must be clean and tidy, the meal must be ready, the table have flowers, best dishes and wine ready. Everybody helps.

Symbols and Features of Shabbat	What happens
Special meal on the Friday evening	Close to sunset, family member lights the candles, a woman says a blessing
Visiting synagogue	A synagogue is a place to go to worship God. A rabbi leads the service reading from a Torah.
Eat special meal	Wine and challah bread are blessed and dinner is eaten

